



PVS General Chair

HOD State of the LSC Report

5-18-26

The 2025-2026 PVS season continued to grow collaborative efforts on many fronts for the LSC. I want to thank all of the Board members and Committee chairs for fostering that growth through initiatives that brought coaches, officials, parents and athletes together from a wide variety of teams of all sizes to discuss and plan for new ideas as well as discuss and find solutions to potential issues facing PVS. I'd like to take a minute to thank our employees who keep us running everyday: Terri Marlin (LSC Service Manager/Registration), Kim Bullers (Treasurer), Debbie Dyson (Assistant Registrar), and Patrick Kearney (Social Media Manager). I also want to recognize Tim Husson for his years of service as the PVS webmaster. We hope to continue seeing Tim on deck in his important role as a mentor for the officials. We also want to welcome Katie Palavecino as our new webmaster. Thank you to our Admin Vice Chair, Trish Buswell, for leading the personnel committee in identifying applicants for the position and for working with Katie in the development of the new website. We know it is not perfect and are continuing work on improvements. The change to the new website now allows two-deep access to the PVS website when needed and provides a glimpse into the weekly posts from social media as well.

I'd like to especially recognize our Finance, Swimposium, DEI, SafeSport, Open Water, and Age Group committees that hit it out of the park this past year on collaborative efforts. The finance committee continued to protect the PVS assets and awarded scholarships last summer to 10 of our graduating seniors. The Swimposium committee planned and executed a swimposium weekend for athletes, parents and coaches in September covering topics such as positive sports parenting, preparing for high performance and performing under pressure, season planning & practice writing, information about the college landscape of swimming, as well as several other topics. The committee arranged for powerful speakers from across the country to participate and the feedback showed high marks for the schedule. DEI created a 15% Initiative Select camp at Howard University for athletes aged 13 & Over with "A" or better motivational times covering topics such as college recruiting, mental wellness, leadership and more. SafeSport continued to support teams in the completion of the SafeSport Recognition Program (SSRP) setting a goal to have at least 50% of teams SafeSport recognized by the

end of the season. Currently they have grown the percentage of athletes who are a part of a SSRP to more than 65% while ensuring that at least 45.65% (21/46) of the PVS teams are SSRPs with USA Swimming. We are confident we will meet the 50% goal by the end of summer. PVS was also honored to have a member of our SafeSport committee, athlete Jonathan Lei, recognized as the recipient of the USA Swimming SafeSport Impact Award during the USA Swimming Summit in Denver during September 2025. Jonathan continues to exemplify the value and impact our athletes continue to show within the LSC and beyond. The Open Water committee continues to develop new ideas on how to introduce Open Water to athletes within the LSC as well as providing training opportunities for the PVS officials. In the past two years, the committee has increased the number of certified PVS Open Water officials from 3 to 20. Finally, the Age Group Committee worked with a number of coaches from various teams to review and prepare proposals for the event line-ups for the championship meets as well as discuss other opportunities that the LSC can offer to our coaches and athletes within the LSC.

I also want to thank the 12 PVS teams who stepped up and hosted the 22 scheduled PVS Opens, Distance and Championship meets since last May: TOLL (5), PAC (3), ASA (3), FISH (2), FXFX (2), MACH (1), NCAP (1), RMSC (1), OCCS (1), HACC (1), TSAC (1) and ASTS (1). We encourage teams to become a host for a PVS meet at least once every 3 years so that these opportunities can continue to exist for all athletes. Please reach out to Terri to volunteer your services.

During this year PVS also forged a noteworthy partnership with Fitter and Faster as a sponsor. During the year PVS invested in our athletes by funding a camp component at the Swimposium in partnership with Fitter and Faster serving athletes from 28 different clubs (approx. 61%) within the LSC. The partnership continued throughout the 2025-2026 season with an additional camp being funded in April for athletes with motivational “B” times or better as well as a PVS Select camp for those athletes who finished top 3 at the Age Group SC Championships. PVS also funded the DEI 15% initiative camp and plans to continue the camp programs and continue to expand these opportunities in the future. The LSC is committed to growing these funded opportunities for the PVS athletes and is working towards that goal.

PVS by the numbers

	2026	2025	2024
Number of teams:	51	52	47
Number of athletes (Premium, flex, outreach, seasonal):	12,811	13,112	12,896
Number of Coaches:	646	609	591
Number of Officials:	709	566	640
PVS Retention rate: (National average of 65.07%)	71.85%	72.80%	73.43%
National Average Retention rate:	65.07%	68.73%	68.17%

Also attached to this report are the LSC vs National Improvement rates by Stroke, Age Group and Gender as well as the overall improvement rate comparison for the 2025-2026 season as of 13 May 2026.

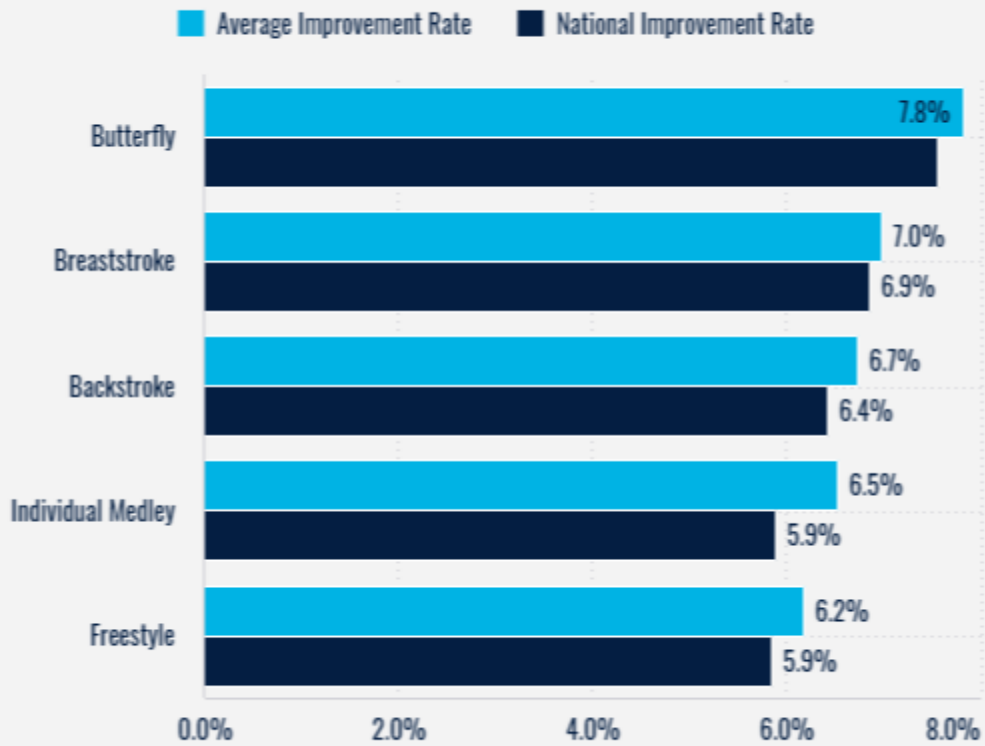
In closing, I would like to thank everyone that answered last year's invitation to join a committee or working group. Your ideas and work matter and I hope you are feeling the appreciation we have for your time. We have many great ideas for the LSC but we need help and additional manpower to bringing them to reality. Members (coaches, parents, athletes, officials) from our 46 active teams build a large network of possibilities for moving the mission and vision of our LSC forward. The PVS mission states that "PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment." We hope that as your Board we are reflecting this mission in the actions and projects that we are working on and funding. I again challenge you each to be a part of the LSC discussions so we can continue to move in the direction our stakeholders want. Our virtual mailbox is always open and ready for exciting new ideas and offers to help. We want to find a place for you to thrive and feel a part of the PVS team!


Respectfully submitted,

Cherlynn Venit

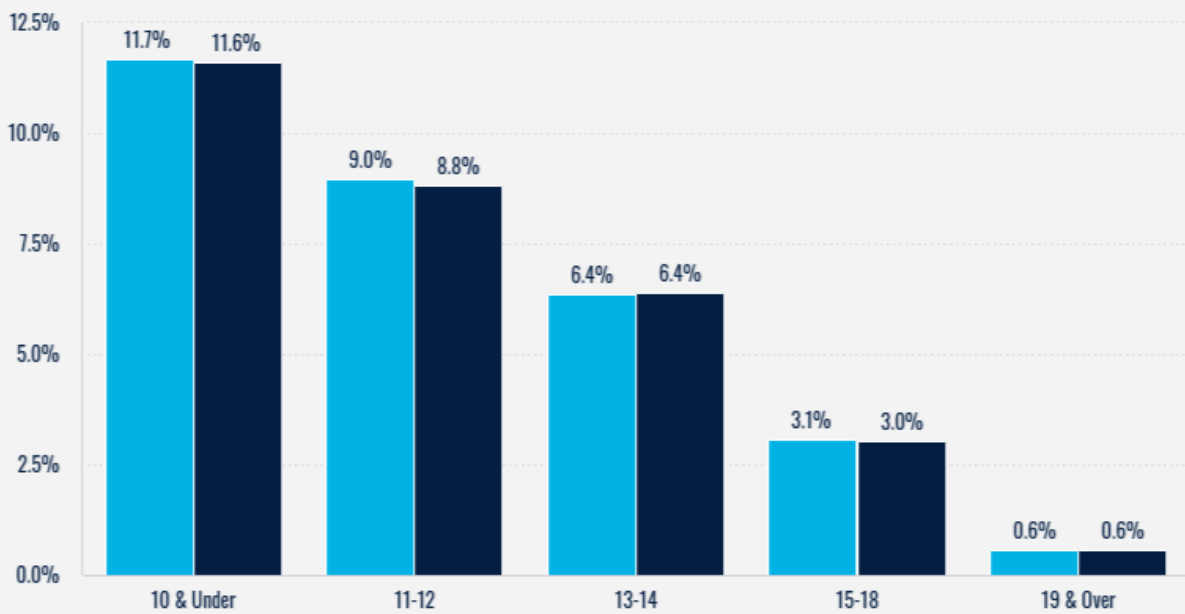
PVS General Chair


Average Improvement Rate by Stroke



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Average Improvement Rate by Age Group



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