



Loughmiller Memorial Invitational

November 7-9, 2025

Sanction # PVI-26-32



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR																									
Matt Salerno fairfaxfoxes@gmail.com	Tim Husson tim.husson@gmail.com	Tricia Feinberg tafeinberg@gmail.com Officials SignUp																									
SANCTION	<ul style="list-style-type: none">• Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-26-32.• In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.																										
FACILITY	<p>George Mason University – Aquatic and Fitness Center 4520 Patriot Circle Fairfax, VA 22030 (703) 993-3939</p> <ul style="list-style-type: none">• The pool at George Mason University is a 50m x 25yd pool with two moveable bulkheads.• Competition will be held in 8 lanes, 25 yards, running from wall to wall.• Water depth ranges from 7' – 13.5' at the starting and turning ends.• Continuous warm-up/cool-down will be available. <p>PWCS Aquatics Center 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none">• The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall.• Water depth ranges from 12.5' – 7' at the starting and turning ends.• 15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available.																										
ENTRY DEADLINE	<p>Monday, October 27, 2025 at 11:59pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>																										
SCHEDULE	<table><thead><tr><th>Warmups</th><th>Events</th></tr></thead><tbody><tr><td colspan="2">Friday, November 7, 2025 – George Mason University Aquatic and Fitness Center</td></tr><tr><td>9 -12 year Timed Finals</td><td>6:05pm – 6:20pm</td><td>6:25pm</td></tr><tr><td colspan="2">Saturday, November 8, 2025 – PWCS Aquatics Center</td></tr><tr><td>13 & Over Timed Finals</td><td>8:00am – 8:50am</td><td>9:00am</td></tr><tr><td>12 and under Timed Finals</td><td>12pm – 12:50pm</td><td>1:00pm</td></tr><tr><td colspan="2">Sunday, November 9, 2025 – PWCS Aquatics Center</td></tr><tr><td>13 & Over Timed Finals</td><td>8:00am – 8:50am</td><td>9:00am</td></tr><tr><td>12 and under Timed Finals</td><td>12pm – 12:50pm</td><td>1:00pm</td></tr><tr><td colspan="2">• Meet Director reserves the right to adjust times/sessions after entries are received.</td></tr></tbody></table>		Warmups	Events	Friday, November 7, 2025 – George Mason University Aquatic and Fitness Center		9 -12 year Timed Finals	6:05pm – 6:20pm	6:25pm	Saturday, November 8, 2025 – PWCS Aquatics Center		13 & Over Timed Finals	8:00am – 8:50am	9:00am	12 and under Timed Finals	12pm – 12:50pm	1:00pm	Sunday, November 9, 2025 – PWCS Aquatics Center		13 & Over Timed Finals	8:00am – 8:50am	9:00am	12 and under Timed Finals	12pm – 12:50pm	1:00pm	• Meet Director reserves the right to adjust times/sessions after entries are received.	
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ELIGIBILITY	<ul style="list-style-type: none"> Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. Entries will be processed in the order they are received until the meet reaches capacity. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Manual timing (watches primary) will be used Friday. Automatic timing (touchpads primary) will be used Saturday & Sunday.
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No on-deck USA Swimming registration is permitted. The meet host will ensure the required course dimensions. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition, and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group. Events will be pre-seeded, except 9-12 500 Freestyle, 13&Over 500 Freestyle, 13&Over 400 Individual Medley, 12&Under 200 Backstroke, 12&Under 200 Breaststroke, and 200 Butterfly. Athletes may enter a maximum of nine (9) individual events with no more than four (4) individual events per day. All events are timed finals. Deck entries will be accepted if space allows. No additional heats will be created. Heats of 9-12 500 Freestyle will be limited to available time. The meet director will notify teams of swimmers who are removed from the event due to time limitations. Each team will be allotted a maximum of 3 relays per event. Evidence of current USA Swimming registration required for deck entries. Swimmers in the 13&Over 500yd Freestyle must provide their own timer. Swimmers in the 500yd Freestyle must provide their own counter (if desired).

POSITIVE CHECK IN	<ul style="list-style-type: none"> Events will be pre-seeded, except 9-12 500 Freestyle, 13&Over 500 Freestyle, 13&Over 400 Individual Medley, 12&Under 200 Backstroke, 12&Under 200 Breaststroke, and 12&Under Butterfly. These may be “positive check-in.” The Meet Director will provide the list of specific check-in events and check-in deadlines to participating clubs after entries are received and prior to the meet. Swimmers unavailable to participate in the meet should contact the meet director as soon as they are aware of their absence.
WARM-UP	<ul style="list-style-type: none"> The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments. Three (3) lanes of continuous warm up will be available Friday. Five (5) lanes of continuous warm up will be available Saturday & Sunday.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.
SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. Spectators are not allowed on the pool deck; swimmers may not bring personal chairs on the pool deck; coaches may bring a personal chair on the pool deck.
SEEDING	<ul style="list-style-type: none"> The 9-12 500 Freestyle will be seeded fastest to slowest. All events Saturday & Sunday will be seeded slowest to fastest.
SCORING	<ul style="list-style-type: none"> The meet will not be scored
AWARDS	<ul style="list-style-type: none"> Commemorative Bag Tags will be available for all swimmers. All swimmers placing in the Top 8 will receive a Loughmiller Memorial Meet Medal. The Top 3 relays in each heat will receive Loughmiller Meet mini towels.
PROGRAMS	<ul style="list-style-type: none"> Meet programs will not be sold. The meet will be available on Meet Mobile, emailed to participating clubs, and posted online.
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.
OFFICIALS	<ul style="list-style-type: none"> Officials interested in volunteering should complete the Officials SignUp or contact the Meet Referee, Tim Husson (tim.husson@gmail.com). Officials volunteering for this meet should report to the meet referee upon arrival. A comprehensive officials' briefing will take place before each session.
TIMERS	<ul style="list-style-type: none"> Three timers per lane Friday. Two timers per lane Saturday & Sunday. Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. A Sign-Up Genius will be provided 10 days prior to the meet.

ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries should be submitted by email to fairfaxfoxes@gmail.com Include in the subject of the email, "Loughmiller Memorial 2025 - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files, include the training site in the subject of the email. Include in entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director (fairfaxfoxes@gmail.com). Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p>Per Swimmer Surcharge: \$10.00 Individual and Relay Event Fee: \$12.00</p> <p>Individual Event Fee for 200 Butterfly and 400 IM = \$0</p> <p>Deck entries: \$20.00 per event (cash on site + \$10 swimmer surcharge)</p> <ul style="list-style-type: none"> Make checks payable to Fairfax Foxes Swimming. Checks may be mailed to: Fairfax Foxes Swimming ~ 4144 Orchard Drive ~ Fairfax, VA 22032 Each club is requested to remit one check to cover the entry fees for the entire team. Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

Loughmiller Memorial Meet, hosted by FXFX

November 8 and 9, 2025

Session 1, George Mason University:	Warm-up: 6:05pm – 6:20pm	Events: 6:25pm
Sessions 2 & 4, PWCS Aquatics Center:	Warm-up: 8:00am – 8:50am	Events: 9:00am
Sessions 3 & 5, PWCS Aquatics Center:	Warm-up: 12pm - 12:50pm	Events: 1:00pm

Friday, November 7, 2025

Session 1

George Mason University, Fairfax, VA

EVENT	
101	Mixed 9-12 500 Freestyle

*Mixed 9-12 500 Freestyle will be swum fastest to slowest
Swimmers must provide their own counter (if desired) for the 500 Freestyle*

Saturday, November 8, 2025

PWCS Aquatics Center, Manassas, VA

Session 2

GIRLS	EVENT	BOYS
1	13&O 200 IM	2
3	13&O 100 Freestyle	4
5	13&O 200 Breaststroke	6
7	13&O 200 Backstroke	8
9	13&O 100 Butterfly	10
11	13&O 200 Free Relay	12
13	13&O 500 Freestyle	14

Swimmers must provide their own timer and counter (if desired) for the 500 Freestyle

Sunday, November 9, 2025

PWCS Aquatics Center, Manassas, VA

Session 4

GIRLS	EVENT	BOYS
35	13&O 200 Butterfly	36
37	13&O 100 Breaststroke	38
39	13&O 100 Backstroke	40
41	13&O 50 Freestyle	42
43	13&O 400 IM	44
45	13&O 200 Freestyle	46
47	13&O 200 Medley Relay	48

Session 3

GIRLS	EVENT	BOYS
15	12&U 100 IM	16
17	12&U 100 Freestyle	18
19	12&U 50 Breaststroke	20
21	12&U 200 Backstroke	22
23	12&U 100 Butterfly	24
25	12&U 50 Backstroke	26
27	12&U 200 Breaststroke	28
29	8&U 100 Free Relay	30
31	9-10 200 Free Relay	32
33	11-12 200 Free Relay	34

Session 5

GIRLS	EVEnt	BOYS
49	12&U 200 Butterfly	50
51	12&U 50 Butterfly	52
53	12&U 100 Breaststroke	54
55	12&U 100 Backstroke	56
57	12&U 50 Freestyle	58
59	12&U 200 IM	60
61	12&U 200 Freestyle	62
63	8&U 100 Medley Relay	64
65	9-10 200 Medley Relay	66
67	11-12 200 Medley Relay	68